

Directorate of Sports & Youth Affairs
Jimmy George Indoor Stadium
Vellayambalam, Thiruvananthapuram- 695033
e-mail: dsyagok@gmail.com

**Subject - Notice inviting applications for appointment to various posts on contract basis at
Khelo India State Centre of Excellence at G V Raja Sports School**

GV Raja Sports School, Thiruvananthapuram is functioning as Khelo India State Centre of Excellence (KISCE) for Kerala under the Government of India Scheme. Directorate of Sports and Youth Affairs invites applications from eligible citizens of India for filling up the below listed posts in KISCE at GV Raja Sports School, Thiruvananthapuram.

Sl No	Name of Post	Discipline	Salary Range	Vacancies
1	Head Coach	Boxing	100000-150000	1
2	Head Coach	Judo	100000-150000	1
3	Strength and Conditioning Expert-Lead	Multi Discipline	100000-150000	1

Interested candidate may apply in the prescribed format. The Job Description, Qualification, Other Terms, Conditions and Application format are attached as Annexure.

Last date for the submission of application is 15th March 2025.

The applications shall be sent to the **Director, Directorate of Sports & Youth Affairs, Jimmy George Indoor Stadium, Vellayambalam, Thiruvananthapuram, Kerala- 695033**, on or before 15th March 2025.

Applications should be submitted in the prescribed format itself. Copies of all the relevant certificates should be submitted. Incomplete applications and those without essential qualifications will be rejected without notice.

Directorate of Sports & Youth Affairs reserves the right to withdraw this advertisement at any time without assigning any reasons.



R Santhosh
Additional Director

4(ii).HEAD COACH :

ELIGIBILITY CONDITION:

Essential Conditions/Education Qualification:

Candidate should have diploma in Coaching from SAI/NS NIS or from any other recognized Indian/Foreign University and should have represented India in Olympics/World Cup/World Championship. Certificate Course from concerned National/International Federation is a must. Working knowledge of computer is essential. Minimum 10 years of experience of coaching is required.

OR

Experience in Coaching with Senior/Junior Indian teams or Decoration of Dronacharya/Arjuna/Dhyan Chand Award or who have produced medalists in International Competitions. Minimum 10 years of experience of coaching is required.

OR

Central Government / State Government / PSU employees may be allowed to apply for the position. However, the applicable recruitment rules of the Department of Personnel & Training (DoPT) will be applicable for all such postings on deputation.

OR

Permanent employees of Sports Authority of India (SAI) interested in applying for the position must send a self-attested letter addressed to Sr. Director (Khelo India) @ sai.slkic@gmail.com and not apply through the advertisement.

Whereas contractual employees of SAI must apply as per process directly to the KISCE in reply to this advertisement.

DESIRED QUALIFICATION:-

- Demonstrated experience in planning, organizing and implementing a comprehensive high performance coaching programmed for international teams and athletes.
- Knowledge of leading trends in coaching, including coaching science, practices and the appropriate application of leading technology tools.
- A background in teaching to provide mentoring and instruction to other support Coaches and Staff involved with the Academy.
- The ability to attain excellence from players, coaches, staff and all stakeholders through the establishment of a 'winning' culture.
- Effective management skills that reflect ability to build and successfully implement long-term strategic plans that are supported by informed operational decisions.

REMUNERATION:

DISCIPLINE	GRADE	REMUNERATION
Head Coach	I	Rs1,00,000 TO Rs1,50,000

JOB DESCRIPTION OF HEAD COACH

Responsibilities

Head Coach's roles vary hugely according to context, but typical work activities are likely to include:

Performance management

Evaluating performance and providing suitable feedback, balancing criticism with positivity and motivation.

Assessing strengths and weaknesses in an athlete's performance and identifying areas for further development.

- 1.1.1 Adapting to the needs and interests of group or individual trainees.
- 1.1.2 Communicating instructions and commands using clear, simple language.
- 1.1.3 Encouraging participants to gain and develop skills, knowledge and techniques.
- 1.1.4 Ensuring that trainees train and perform to a high standard of health and safety at all times.
- 1.1.5 Inspiring confidence and self-belief.

- 1.1.6 Developing knowledge and understanding of fitness, injury, sports psychology, nutrition and sports science.
- 1.1.7 Working with IT-based resources to monitor and measure performance.
- 1.1.8 Acting as a role model, gaining the respect and trust of the people.
- 1.1.9 Liaising with other partners in performance management, such as Coaches, Physiotherapists, Doctors and Nutritionists.
- 1.1.10 Working to a high legal and ethical standard at all times, particularly in relation to issues such as child safeguarding gender equality and health and safety requirements including protection from sexual harassment.

PLANNING AND ADMINISTRATION

- 1.1.11 Producing personalized training programmers.
- 1.1.12 Maintaining records of trainees performance.
- 1.1.13 Coordinating trainees attendance at meetings and other sports events
- 1.1.14 Planning and running programmers of activities for groups and individuals.
- 1.1.15 Co-coordinating with other coaches for transporting trainees to and from training sessions and sports events;
- 1.1.16 Seeking and applying for sponsorship agreements by engaging all stakeholders.
- 1.1.17 Finding appropriate competitions for participants.
- 1.1.18 Planning work schedule in consultation with other coaches.

Scoring Criteria for Head Coaches

Sr. No.	Parameters	Maximum Marks
1.	Coaching Aptitude & Knowledge (including Rules & Regulation of the Game, Knowledge about High Performance Environment and knowledge about basic Sports Science)	10
2.	Management and Administrative skills	6
3.	Communication Skill	5
4.	General Attitude	5
5.	Basic Knowledge of Computer	4
	Total	30

4(v).STRENGTH & CONDITIONING EXPERTS :

(Specific requirements, shortlisting and interview information)

1. ESSENTIAL EDUCATIONAL QUALIFICATIONS.

Applications are invited from all interested candidates who possess any of the following degree from a recognized Indian or Foreign University and qualification as follows:

- Bachelors or Masters in Sports and Exercise Science/Sports Science/Sports Coaching.

OR

- Any Graduation with ASCA Level-1 or above/CSCS/UK SCA accredited coach/Diploma in fitness training /Certificate course in Fitness Training from Government Institution.

2. CRITERIA FOR SHORT LISTING OF CANDIDATES FOR THE INTERVIEW.

Short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:

<u>CATEGORIES FOR EVALUATION</u>	<u>MAX MARKS</u>	<u>SCORING OF MARKS</u>		
Higher Educational Qualifications	10	Masters in Sports and Exercise Science/Sports Science - 10 marks	Masters in Sports Coaching - 7marks	Masters in Physical Education/ Diploma in sports coaching- 5marks
Work Experience	10	Every completed six months of related experience at a recognized State / National level sports organization(Govt or Private) working with teams/players will be given 1 mark, Upto a maximum of 10 marks.		
Strength & Conditioning Certification	15	ASCA Level 3/CSCS (NSCA)/Level 4 (UK) - 15marks	ASCA Level 2/Level 3 (UK)- 10marks	ASCA Level 1/Certificate course in Strength &Conditioning/ fitness trainer level 4 certification from National Skill Development Cooperation of India - 5marks
Percentage of Marks obtained in Graduation	5	$\geq 50\%$ --<math>60\% =2 marks $\geq 60\%$ --<math>70\% =3marks $\geq 70\%$ --<math>80\% =4marks $\geq 80\%$ =5marks.		
Sports achievement	10	International Level (Representing India in a sports event recognized by sports governing bodies)- 10marks	Medal at National Level (Representing his/her state in national competition recognized National Sports Federation) - 7marks	Medal at University/State Level(representing district/university in a state level, university competition recognized by State Sports body or AIU)- 5marks

3. INTERVIEW PROCESS

The interview will be of 100 marks.

The Candidates will be assessed on the following:

<u>CATEGORIES FOR EVALUATION</u>	<u>MAXIMUM MARKS</u>
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Domain Expertise	30
Practical knowledge and knowledge of allied sports science disciplines	20
Aptitude for working in a sports organization	15
Principles of training, Programming of training design and its organization	15
Soft skills	10
Pre-Rehabilitation & Injury Management	10

Remuneration:

DESIGNATION	GRADE	REMUNERATION
Strength And Conditioning Expert	Lead	Rs. 80,000 – 1,00,000
Strength And Conditioning Expert	II	Rs. 60,000 – 80,000

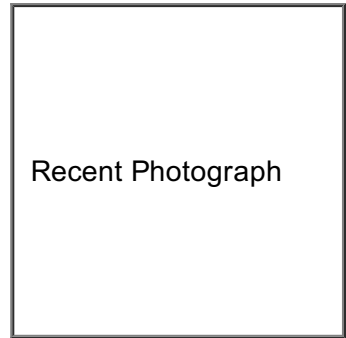
Age limit: The candidate must not have attained 45 years of age as on the closing date for the advertisement.

Job Responsibilities :

Designation	Job Responsibilities
Strength & Conditioning Expert	<ol style="list-style-type: none"> 1. Design and implement strength training and conditioning programs in-season, off-season, and pre-season for all athletes in various programs in a manner that reflects research-driven practices in accordance with the Long-Term Athletic/Fitness Development Model. 2. Work in cooperation with the sports medicine or athletic training staff in the rehabilitation and strengthening of injured athletes. 3. Facilitate a collaborative relationship among sport coaches, sports medicine, and the strength and conditioning staff. 4. Design and implement policies and procedures for the strength and conditioning program in accordance with the guidelines of State Sports Department. 5. Develop systems for tracking athlete attendance and athlete progress in conjunction with the sport coaches. 6. Conduct an annual needs-analysis for each sport team in conjunction with the Coaching staff and sport science team at the conclusion of each sport season. 7. Annually conduct and review a departmental risk management plan. 8. Complete an annual budgetary proposal for the program that includes routine maintenance, purchase of new equipment, and staffing needs. 9. Determine and reinforce expectations for athlete conduct for curricula and extra-curricular activities, as stated in the Centers Athlete Code of Conduct. 10. Conduct an annual evaluation including the design of professional development activities. 11. Carry out research on newest methods and techniques in Strength & Conditioning domain. 12. Analyze data collected from athletes to suggest formation of norms for Indian athletes. 13. Actively enter all data needed in the Athlete management System or with respect to performance evaluation of athletes. 14. Any other duties assigned by High Performance Director, Sports Science Head and Regional Head and Director General State Sports Department.

4(vi).PSYCHOLOGIST :

Application Form for the Post of _____



1. Name:

2. Father's/Husband's Name:

3. Date of Birth:

4. Nationality:

5. Postal Address:

6. Contact Number:

7. E-mail Address:

8. Education Qualifications Matriculation onwards:

Sl. No.	Certificate/Degree	Subject	Institute/University	Year of Passing	Percentage/CGPA

9. Work Experience:

Sl. No.	Organization/Institute	Period From-To	Nature of Work	Remarks

Total Experience (in Month):

10. Sports Participation

Sl No	Event	Position
(A) International		
(B) National		

DECLARATION

I hereby declare that all statements made in this application are true and correct to the best of my knowledge and belief. I understand that in the event of any information being found false or

incorrect or not satisfying the prescribed eligibility criteria for the post applied for, my candidature is liable to be cancelled/rejected at any stage of selection.

Place:

Date:

(Signature of the Applicant)